

ENJOY YOUR BREAKFAST

served from our buffet selection

Gluten free
options available
Just ask your server

FRESH COFFEE OR BREAKFAST TEA will be served to your table

VITALITY BREAKFAST SELECTION

JUICES

Orange
Apple

(Contains allergen 9)

BREAD & PASTRIES

High fibre brown bread
Croissant

Pain au chocolat

(Contains allergens 6 wheat, 7, 8, 9, 10, 11)

CHEESE & YOGURT

Irish & Continental cheese selection
Irish Killowen Farm yogurt selection

(Contains allergen 7)

FRUIT

Freshly cut fruit pot
Whole banana
Grapefruit segments

CEREALS

Kellogg's Corn Flakes
Kellogg's Special K
Fresh Hot Paddy'Os Porridge
Quality Irish granola

(Contains allergens 5 almonds, nut traces, 6 wheat, oats)



HOT BREAKFAST SELECTION

THE IRISH BREAKFAST PLATE

Grilled back bacon
Heaney's award-winning Irish pork sausage
Country style black and white pudding
Grilled tomato
Sautéed mushrooms
Your choice of eggs:
Fried or scrambled
Toast

(Contains allergens 6 wheat, barley, 7, 8, 9, 11)

THE VEGAN BREAKFAST PLATE

Grilled vegan soya sausages,
sautéed mushrooms, grilled tomato,
fried potatoes and toasted bloomer loaf

(Contains allergen 6 wheat)

**For vegan plate place your order
with your server**



ALLERGEN INDEX

No.1 – Crustaceans	No.6 – Cereals containing gluten	No.11 – Egg
No.2 – Molluscs	No.7 – Milk / milk products	No.12 – Celery & celeriac
No.3 – Fish	No.8 – Soya	No.13 – Mustard
No.4 – Peanuts	No.9 – Sulphur dioxide	No.14 – Lupins
No.5 – Nuts	No.10 – Sesame seeds	



CLAYTON
HOTELS